

Includes Free Resources!

Plant the...

# SEEDS



## FOR SCHOOL SUCCESS

Ever feel there is too much to do in a day? Want to help your child be successful but running short on time? During this group, parents of children age 0-5 will learn parenting tools and hands-on tips to:

- ✓ Get positive results and build important life skills during everyday moments
- ✓ Support children's ability to communicate, read, talk, and write
- ✓ Help children succeed in school and in life

### Parents feedback on SEEDS:

"Great Job! I wish I could come every week until my child turns 5!"

"Would take the time to do it again!"

"Thank you for making a positive impact on my child's life!"

**Why SEEDS? Because *all* parents want their children to succeed.**

**DATES**

9/16, 9/23, 9/30, 10/7

**TIME**

Wednesdays from 12-1:15 pm

**COST**

\$25 includes lunch and child care (Scholarships Available)

**LOCATION**

Rochester Area Family Y  
709 1<sup>st</sup> Avenue SW  
Balfour Room

**RSVP By  
Sept. 9**

Contact First Steps at 282-1027 or email [rsvp@rochesterarea.org](mailto:rsvp@rochesterarea.org)

Lunch Provided!

